

# SEXUAL VIOLENCE 101

## WHAT IS SEXUAL VIOLENCE?

"Sexual Violence' is an all-encompassing, non-legal term that refers to crimes like sexual assault, rape, and sexual abuse."  
 ~ RAINN (Rape, Abuse & Incest National Network)

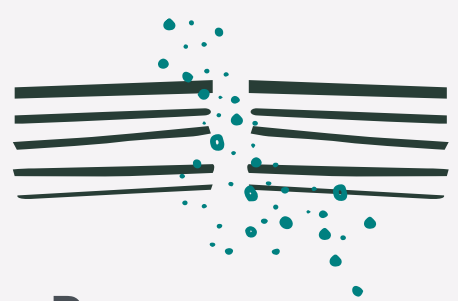
ON AVERAGE, SOMEONE IS SEXUALLY ASSAULTED EVERY 68 SECONDS IN THE UNITED STATES.


81% of women

43% of men

47% of transgender & non-binary people

## WHAT FORMS DO SEXUAL VIOLENCE TAKE?



<p><b>Sexual Assault</b></p> <ul style="list-style-type: none"> <li>SEXUAL CONTACT/BEHAVIOR THAT OCCURS WITHOUT CONSENT</li> <li>FORMS INCLUDE:                     <ul style="list-style-type: none"> <li>ATTEMPTED RAPE</li> <li>UNWANTED SEXUAL TOUCH</li> <li>FORCING SOMEONE TO PERFORM SEXUAL ACTS</li> <li>FORCED PENETRATION/RAPE</li> </ul> </li> </ul> 	<p><b>Rape</b></p> <ul style="list-style-type: none"> <li>PENETRATION OF SOMEONE'S BODY WITHOUT CONSENT</li> </ul> <p><b>Force</b></p> <ul style="list-style-type: none"> <li>PHYSICAL PRESSURE</li> <li>EMOTIONAL COERCION</li> <li>PSYCHOLOGICAL FORCE</li> <li>MANIPULATION</li> <li>THREATS</li> </ul>
<p><b>Child Sexual Abuse</b></p> <ul style="list-style-type: none"> <li>ANY SEXUAL CONTACT BETWEEN AN ADULT AND A MINOR</li> <li>CAN INCLUDE OTHER FORMS OF SEXUAL VIOLENCE/ASSAULT</li> <li>OFTEN INVOLVES A GROOMING PROCESS WHERE THE ADULT BUILDS TRUST AND A RELATIONSHIP WITH THE CHILD AND BEGINS TO TEST THEIR BOUNDARIES</li> </ul>	<p><b>Sex Trafficking</b></p> <ul style="list-style-type: none"> <li>COMMERCIALIZED SEXUAL EXPLOITATION</li> <li>THE USE OF FORCE, FRAUD, OR COERCION TO CAUSE SOMEONE TO ENGAGE IN COMMERCIAL SEX</li> <li>ANYONE UNDER THE AGE OF 18 IN COMMERCIAL SEX IS A VICTIM OF TRAFFICKING REGARDLESS OF THE CIRCUMSTANCES</li> </ul>

## CONSENT

Consent is an agreement between two or more partners to engage in sexual activities. This is an ongoing discussion that is both clearly and freely communicated without fear of retribution. Ultimately, consent is about learning what each other's boundaries and comfort levels are. Knowingly dismissing those boundaries is when sexual violence begins.

## WHEN SHOULD I ASK FOR/GIVE CONSENT?

Consent should be requested and given before each new dynamic of sexual activity or sexual contact, not just before penetrative sex.

Consent can be revoked at any time, even after sex has begun. Giving consent once does not mean that permission has been given for other activities or to engage in the same sexual activity in the future.

Consent cannot be given by someone who is underage, intoxicated, incapacitated by substances, or asleep.

## WHAT SHOULD CONSENT LOOK LIKE?

Consent should always be enthusiastic, meaning that you are looking for a "yes" rather than just the absence of a "no". Enthusiastic consent shows that both a partners' words and their nonverbal cues are aligned with each other.